



- AT LEAST (30) 4X6" OR 5X7"

 NOTE CARDS OR

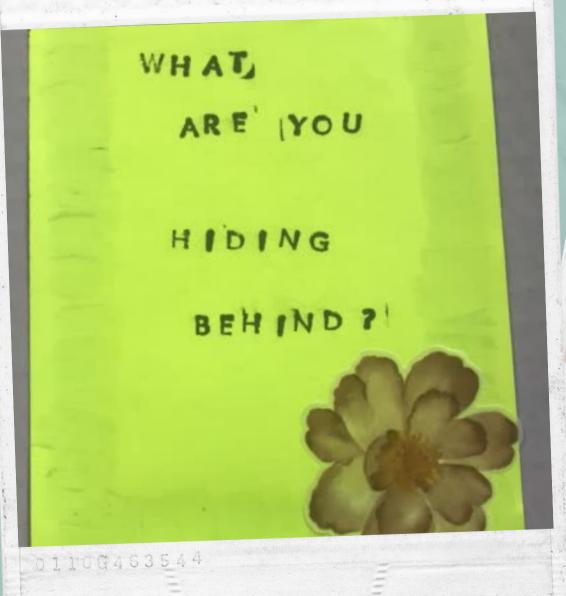
 SCRAPBOOKING CARDS
- COLORED PENCILS
- THIN TIP MARKERS
- GLUE STICK
- STICKERS
- MAGAZINE CUT OUTS OF
 WORDS AND IMAGES YOU FEEL
 DRAWN TO.
- STAMP PAD AND STAMPS TO CREATE THE BACK SIDE OF YOUR CARDS
- OPTIONAL DESIGN PROGRAM LIKE CANVA OR ILLUSTRATOR



EXAMPLES

HANDMADE WITH LOVE







SYNCHRONICITY

5 cards will be created based off your findings from your the guided meditation.

Examples: Crossroads, white feather, phone call, book, banana

DREAM IMAGERY

5 cards will be created from the last few dreams you have had or remember having. Pull the richest symbols. Example from my dreams: bodies of water, juicy fruit, record player, bears, relationships/love.

LIFE LESSONS

5 cards will be created about life lesson you have learned. Examples: boundaries, no fake friends, no more playing small, be yourself, add some sass.

WILD CARD

5 cards will be created based off of your connection with the natural world. Perhaps you love butterflies, salt water, or fast cats. Allow your favorite part of nature to determine the cards.

NATURE

These 5 cards are the spice of the deck.

They will be supe unique to you and what you love. Maybe its music and song lyrics could find their way to your cards.

Perhaps you love flowers, or powerful goddesses. Look for syncronicity or intuition to help you know what these 5 cards should become.

*OPTIONAL MANTRA CARDS

Mantras are powerful rewiring statements for the brain. You can create 5 cards if you desire with some mantras you need to hear on them. Get creative.

Go wild!